

Theta Lambda News

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This newsletter, as well as other important Delta Kappa Gamma information can be found at our website: <http://thetalambda.weebly.com/>

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President's Message

Last month in our DKG Theta Lambda meeting we engaged in a robust discussion about taking care of ourselves and aging loved ones. There were numerous valuable takeaways from this meeting:

- It is valuable to consider long term care insurance.
- Keep learning to keep your mind sharp.
- Plan for aging.
- Stay active! Develop and keep a regular wellness routine.

Fellowship with DKG can be an important component of your wellness routine. Research confirms that fellowship with friends increases brain function. Fellowship with DKG sisters also ensures that at least one day a month you leave home to learn something new and exciting. Along with attending our meetings, be sure to visit the DKG International and DKG Texas webpages. They are full of exciting opportunities and engaging content.

Have wonderful Spring Break,

Stacy

The latest edition of the Lone Star News is now online!

Come join us for Theta Lambda's March meeting!

Home: Miriam Watson (new address!)
Check evite!!!

Hostesses: Catherine Hague and Mary Herlitz

When: Monday, March 18, 2019
5:30 Light Dinner

Inspiration: Jan Randolph

Music: Catherine Hague

March Program

LET'S WRITE AN ASTEF GRANT

Members will learn information about ASTEF and walk through the process of creating and writing an ASTEF grant.



TREASURER'S REPORT
March 2019

Checking balance reported in February	\$1151.30
<u>Receipts</u>	\$.09
Jan.-Feb. Bank Dividends	.09
<u>Disbursements</u>	- \$ 183.00
Contributions to State Funds	88.00
Contributions to International Funds	55.00
Contribution to U.S. Fund for UNICEF	15.00
Gift Card - Convention Auction Baskets	25.00
Current checking account balance	\$ 968.39
Current savings balance	\$ 757.73
Current CD balance	\$1,593.23
Total assets of chapter	\$ 3,319.35



Please see pages 3 and 4 about our service project for Parks Youth Ranch. A big shout-out to Sally Kubiak for co-ordinating this important effort.

**PARKS
YOUTH
RANCH**



Sally sent this email to the chapter in late February. Please reread and see the list that follows. Our “small but mighty” chapter is doing their part to spread hope to those in need in our community.

As you know, we are supporting Parks Youth Ranch, an emergency shelter for youth in crisis, in a variety of ways. In the fall, we collected items for Christmas stockings for the residents. We filled more than 25 stockings to the brim with items left over. During our February meeting we discussed getting at least 12 backpacks and filling them with items for students when they come to Park Youth Ranch. Many of them come with their few belongings in a plastic garbage bag. Many of them have been abused or neglected and already feel like ‘trash’ so to get their own duffel bag with a variety of items that now belongs to them can send a wonderful message of love and acceptance.

Below is a list of items that we are collecting. The list has been modified based on feedback from Angela from Parks Youth Ranch as some of the things we thought of have already been donated by others and are ready to go into backpacks. A ‘Signup Genius’ account is being created. I will send you the link soon and then you can go onto it to look at what we need and then sign up for what you are donating. This will insure we don’t end up with 25 of one thing and none of something else. Also, Parks Youth Ranch has a ‘wish list’ through Amazon which includes many of these items. You can check it out for more detail about items (like the backpacks, makeup, socks, etc.) but don’t order things through the wish list as they are sent directly to Parks Youth Ranch and we want to put them in the backpacks.

Finally, if you would prefer, you can donate money and I will purchase items. You can make it out to Theta Lambda and give it to Sandra

-Sally Kubiak



Items to Donate

Backpacks – 30”x20”
Journals, small note pads
Mechanical Pencils
Sketch Books
Soap dispensers
Shampoo
Conditioner
Deodorant
Cologne
Hand Cream/Moisturizer
Socks
Shower Slippers or Flip flops
String Backpacks
Ear Buds (purchased already)
Eye makeup palettes
Clutch wallet /smart phone purses
Luggage tags (need 6 for boys as girls have been purchased)