

Theta Lambda News

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The latest edition of the Lone Star News is now online!

PRESIDENT'S MESSAGE *from the desk of Catherine Hague*

Greetings to all as we welcome November. It's sure to be a busy month with our Silent Auction, Thanksgiving, and then preparing for the holidays. As life gets hectic, I'm moved to practice GRATITUDE. Three times in the past ten days, friends and family have sent me emails about the power of gratitude. Did you know that gratitude and anxiety cannot coexist? Research has shown that acts of gratitude and feelings of gratefulness do an effective job in combating anxiety and depression. One article I read explained that *just the act* of writing a thank you note, (even if you don't send it) produces the needed dopamine to combat anxiety and depression. I love this quote from Erica Layne: Begin and finish your days with thoughts of gratitude. Those first and final moments set the tone for the many minutes that fall in between.

While we're on the subject of gratitude, I'm grateful for Stacy Frenchwood and the wonderful program she presented in October. I found it fascinating to learn about the Holdsworth Foundation and how the Leadership Pipeline works. I'm grateful for Carol Ann Shipp and the time we spent together traveling to last Saturday's Greater

Houston Area Coordinating Council Luncheon. TSO President Bonnie Moore was honored, as well as Carol Ann—see page 5. I'm grateful for Sandra MacConnell and the time and effort she gives in publishing our Theta Lambda Yearbook. I'm grateful for all of you as we prepare for our Silent Auction—see page 2. Your contributions—donations or purchases—help us honor our service commitments. See you soon!

With a grateful heart,
Catherine

Come join us for Theta Lambda's November meeting!

Home: Nancy Dobbs 5:30-7:30
<https://us06web.zoom.us/j/3179679650?pwd=QW1kQm5abzN6VDRHYnl0Vm4vbFNWQT09>
Inspiration: Bethanne Moskov
Music: Susan Chacko
Hostesses: Nancy Dobbs ~ Laura Downes
When: Monday, November 13th

Program ~ Miriam Watson, Catherine Hague, and Laura Downes

The Power of Story



November - It's Silent Auction Time !

*What can I make....maybe a cake!
Or any sweet treat just can't be beat.
How about a card offering a dinner,
Now that's a real treat, sure to be a winner.
I might make a wreath with cones and berries,
Or make a little garden with Christmas fairies.
Perhaps I'll auction a service, like wrapping your gifts,
The extra help would surely be a lift.
Whatever I decide, whatever I do,
I know it will help, and not just a few.
There's Change for Africa and Attack Poverty,
Children will benefit from you and me.
So put on those aprons, heat up the oven,
Get out those glue guns and spread the lovin'
Share your talents ~ please participate
Because if you do, the Silent Auction will be GREAT!*





November Birthdays

November 8 ~ Michelle Glick

November 14 ~ Mary Herlitz



TREASURER’S REPORT—NOVEMBER

<u>TREASURER'S REPORT</u>	<u>November</u>	<u>2023</u>
Checking Balance Reported in	October	\$2,115.65
<u>Receipts</u>		\$68.00
	Raffle (Sept.- Oct.)	\$23.00
	Africa Fund	\$45.00
<u>Disbursements</u>		\$0.00
Current Checking Account Balance		\$2,183.65
Current Savings Account Balance		\$561.92
Current CD Balance		\$1,676.12
Total Assets of Chapter		\$4,421.69

Vision Statement: Leading Women Educators Impacting Education Worldwide



Theta Lambda
Chapter Meeting Minutes
October 16, 2023

Our October meeting was held at Sally Kubiak's house and hostesses were members of the Lambda membership team who were treating the winning Theta members to a taco bar. Nancy Dobbs and Sally Kubiak assisted.

There were 12 members present and 2 members via Zoom.

President Catherine Hague began the meeting at 6:00.

Linsey gave the inspiration. It was from the book, The Heart Centered Teacher. The theme was hope, joy, and possibilities in uncertain times.

Stacy Frenchwood presented the program, "Leadership: Building a Framework for Progression and Success." Stacy shared how The Holdsworth Center, an educational foundation founded by Charles Butt of HEB, focuses on long term, sustainable differences in public school districts. Multiple examples were provided on extensive training, expectations, and involvement of participants in the program.

Old Business: The September minutes were approved as printed with Miriam Watson moving they be accepted and seconded by Stacy Frenchwood.

Sandra MacConnell gave the treasurer's report and announced there had been no activity in the account this month.

New Business: Susan Chacko will receive orientation during the fall and be installed as a new member at the December meeting.

The sign-up for chapter meetings was passed among members. Members were encouraged to bring guests to meetings and encourage membership.

Catherine reviewed the fundraisers for this year. The silent auction will be during the November meeting at Nancy Dobb's home. Bid sheets will be made available by e-mail and at the meeting. There will be NO on-line bidding.

Service projects for Change for Africa and Attack Poverty continue. A Christmas gift project for Attack Poverty children was discussed.

The monthly raffle continues with the *Dessert for Dollars*. The raffle can be edible or not.

Members gathered to assemble bags for the Fall Attack Poverty project.

Catherine Hague adjourned the meeting at 7:30.

Approved, Lillie Beth Wilson, Robin DeLaRosa, and Catherine Hague



THETA LAMBDA HAPPENINGS



October Meeting ~ Preparing the Fall Bags for At-tack Poverty kids.



Member Stacy Frenchwood presenting the fabulous October program ~

Leadership: Building a Framework for Progression and Success.



Dynamic President of the Texas State Organization, Bonnie Moore, addressing the Chapter Presidents at the GHACC Luncheon.



Member Carol Ann Shipp receiving her award at the GHACC luncheon for 50 years as a member of DKG





Theta Lambda Membership Plan 2023-2024

- * When a guest attends a meeting for the first time, she will receive a welcome note, brochure and Theta Lambda Guest Card to complete. The member who brought that guest will receive a thank you note at the meeting.
- * The first time guest will receive a hand written note in the mail.
- * Prospect letter template will be available to be completed by member for their specific guest and prospect cards will be available for members to hand out to prospective members at school, church, etc.
- * Brochures will be available for members to hand out to prospective members.
- * Review that women eligible for membership in DKG include teachers, administrators, counselors, librarians, and paraprofessionals as well as music teachers like piano and violin who teach as a job either privately or with groups, health educators like yoga and exercise instructors who teach as a job either privately or with groups, adult educators, and trainers in business world.
- * Members will be divided into 2 teams for a membership competition.
- * Each team will receive 1 point every time their visitor attends a meeting or function and 5 points for each member initiated.
- * The reward to the team getting the most points will be that the other team members will bring the fixings for a Charcuterie Board for all to enjoy.

Membership Drive Teams 2023-2024

Team Theta

Linsey Bove'
 Jayati Sengupta
 Robin DeLaRosa
 Sally Kubiak
 Jan Randolph
 Susan Chacko
 Laura Downes
 Stacy Frenchwood
 Rachel Delafuente
 Mary Herlitz
 Michelle Croft

Team Lambda

Carol TenBrook
 Catherine Hague
 Cheri Flick
 Lillie Beth Wilson
 Carol Ann Shipp
 Jane Meyer
 Nancy Dobbs
 Michelle Glick
 Bethanne Moskov
 Sandra MacConnell
 Miriam Watson



2023 -2024 Theta Lambda Meeting Dates

September 18, 2023	<i>Home of Jayati Sengupta</i>
October 16, 2023	<i>Home of Sally Kubiak</i>
November 13, 2023	<i>Home of Nancy Dobbs</i>
December 11, 2023	<i>Home of Miriam Watson</i>
January 2024	<i>Social ~ Date To Be Determined</i>
February 12, 2024	<i>Home of Linsey Bove`</i>
March 18, 2024	<i>Blue Willow Bookshop</i>
April 15, 2024	<i>Theta Lambda's Birthday Celebration—Location TBD</i>
May 20, 2024	<i>Home of Carol TenBrook</i>
September 16, 2024	<i>Home of Jayati Sengupta</i>
October 21, 2024	<i>Home of Stacy Frenchwood</i>